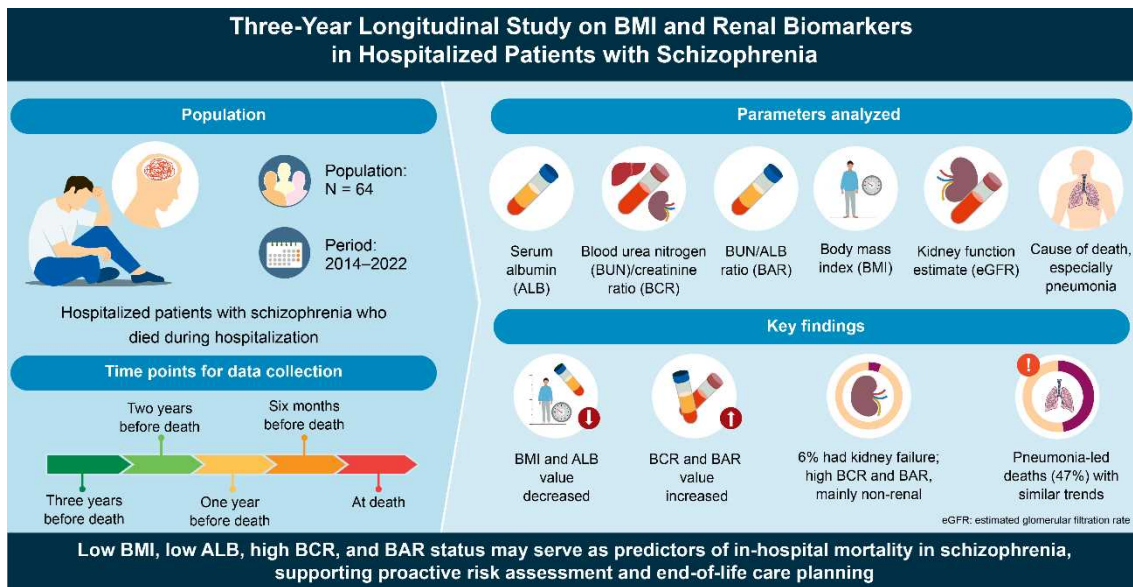


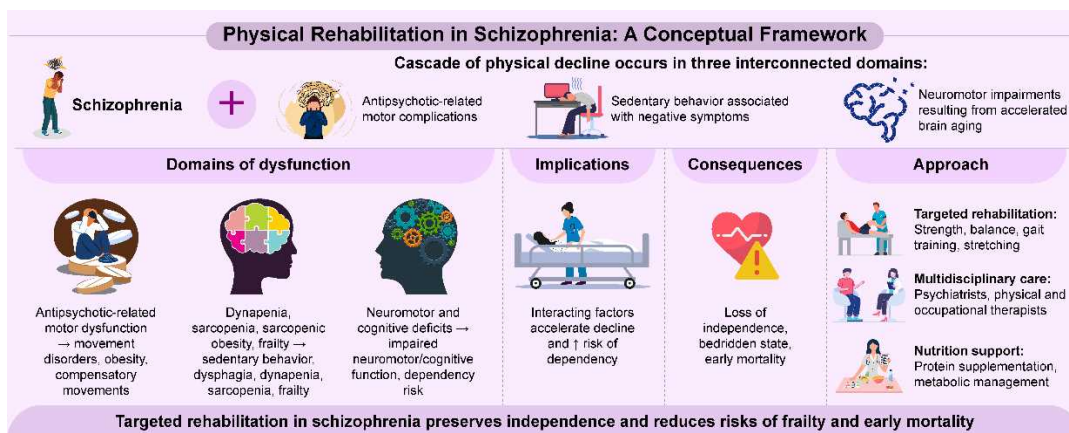
三船病院における研究成果

当院診療部門では、徳島大学医学部と連携して、統合失調症の患者さんに特有の身体的な問題を適切に診断し、早期に身体リハビリテーションを開始するための研究に取り組んでいます。

最新の三船病院長のチームの研究成果では、アルブミン、BUN、クレアチニン、BUN・クレアチニン比、eGFRを測定することで、ダイナペニア（筋力低下）やサルコペニア（筋肉量の低下）のリスクを把握できることを示しました。通常診療で行っている血液検査でリスクを判定し、加えて握力検査、歩行速度検査、体組成を測定することで、早期に、サルコペニアを診断できることを示しました（Mifune, Y., et al. 2025）。



慢性統合失調症患者の身体リハビリテーションにおいては、歩幅、動作緩慢、足関節底屈曲角度・制限・トルク、体幹、上肢・下肢の筋量、歩行速度を評価することが重要であり（Tanioka, R., et al. 2025a）、統合失調症患者の身体機能障害の特徴に対処する身体リハビリテーションのアプローチを明確に提示しました（Tanioka, R., et al. 2025b）。



当院では、身体リハビリテーションを行ってきましたが、2025年12月からは、本格的に身体リハビリテーションを開始します。

看護部門では、看護サービスの質向上を目指した研究を行っており、医療の質向上への取り組みを支援し、医療における共感と尊重の文化を促進するための研究に取り組んでいます。

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